



Howie's Field of Dreams/ Rochester Rotary 5K Road Race/Fun Run or Walk (1, 2 or 3.1 miles) July 23rd 2011 @ 9 AM

Howie's Field of Dreams/ Rochester Rotary 5K Road Race ROAD RACE ENTRY FORM

(ONE form per person PLEASE - Make as many copies as you want!)

Last Name _____ First Name _____ Gender _____

Age on Race Day _____ Date of Birth ___/___/_____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____ (for Race Updates only)

5K T-shirt size (**circle one**) Adult: S M L XL Youth: S M L XL

Registration must be before 7/1/11 to guarantee a T-shirt* *all entry fees are non-refundable

5k run/walk – **\$7.00** for Children 12 and under - **\$15.00** for Adults (**\$20** day of the race)

Please consider making an additional donation beyond your entry fee to make Howie's Field possible!

Extra donation amount \$ _____ (Any donation above the entry fee amount is tax deductible)

WAIVER & RELEASE:

I know that running is a potentially hazardous activity, and that I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with this event, including, but not limited to: falls, contact with other participants & spectators, effects of traffic and road conditions, weather, etc. I, for myself and anyone entitled to act on my behalf, waive and release the City of Rochester, Rochester Rotary Club, Roger Allen Recreation Association, New England Timing, all sponsors, all volunteers, and the State of NH from any and all claims and liabilities of any kind whatsoever arising from my voluntary participation in this event, regardless of such liability results from carelessness or negligence of the persons named in this waiver. Furthermore, I hereby grant full permission of any kind of the forgoing to use any photos, videotapes or any record of this event for any legitimate purpose. I also agree to not participate in the race with roller type shoes or dogs. Baby joggers/strollers are accepted with the understanding that they start the race behind the runners and that the stroller/baby jogger entrant must give right of way to a runner/walker. I realize that by voluntarily assuming the risks involved, I will be solely responsible for my death or any injury or damage that I sustain. I have read this Assumption of Risk thoroughly and understand the terms. My participation in the Howie's Field of Dreams/ Rochester Rotary 5K Road Race and my execution of this Assumption of Risk are both purely voluntary and I elect to do so in spite of the risks.

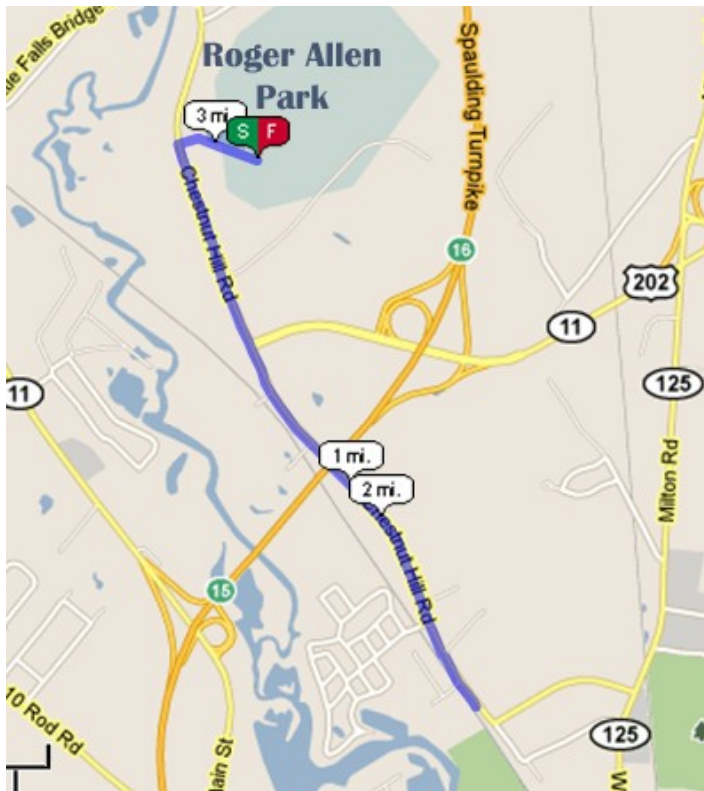
Signature of Participant or (under 18 yrs of age) Parent or Guardian _____

Mail Entry Form and Make Check Payable to: Rochester Rotary Charities, PO Box 779 Rochester, NH 03866-0779. For more information, please call Walter at (603)332-1581 or walter.hoerman@yahoo.com

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Saturday, July 23rd, 2011 at 9AM

**The Flattest Fastest Out and Back 5K
you will run this year!**

Start and finish at Roger Allen Park

5K (3.1 mile) Road Race

or 1, 2 or 3.1 mile Walk

Timing by New England Timing

Water Stops at 1 and 2 miles

Free Parking at Roger Allen Park

**Number and Tshirt pickup from 7Am
to 8:45AM on Race Day**

'Howie's Field of Dreams' is a Bambino Buddy Ball field to be built at Roger Allen Park in Rochester, NH, in memory of Howie Seckendorf where young players ages 5 to 20 with physical and/or mental challenges can enjoy playing the game of baseball.

Howie Seckendorf was a great man who was tragically and suddenly taken from us at the age of 51. He was a successful businessman in the city of Rochester, NH and had a strong belief in giving back to the community which helped him to make his businesses such a success. This was shown in his involvement in several community organizations including the Rochester Chamber of Commerce, the Rochester District VNA, the Salvation Army, and Rochester Rotary Club to name a few. Howie also had a passion for baseball, especially the Boston Red Sox. What a thrill he experienced when he was able to participate in the Boston Red Sox Fantasy Camp and "live the life" of a Red Sox player. Also, he was actively involved in coaching Cal Ripken Baseball for the Barrington Youth Association in Barrington, NH for 7 years, where his youngest son, Adam, continues to play, as well as his youngest daughter, Molly, who plays softball.

When he became the 50th president of the Rochester Rotary Club in July 2009, he had the desire to complete a major project in the city which could benefit not only Rochester residents, but those of surrounding communities as well. He learned of a special kind of baseball field that was made of a rubberized surface, one where players with physical and/or mental challenges could play, a field where a player can fall down and not get hurt, where any young player, despite their physical or mental challenges, can experience the joy of playing baseball. He thought this would be the perfect project for the Rotary Club of Rochester to take on. Unfortunately, he could not bring this dream to fruition, as he was unexpectedly taken from us in November 2009, due to a heart attack. What better way to honor his memory and the giving and kind person he was than to make his dream come true. With the help of Howie's family, friends, local businesses, and the Rotary Club of Rochester, his dream will come true with the construction of "Howie's Field of Dreams."

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